

LHSAA Sport Specific Phase Information

LHSAA Summer Rules end on August 10, 2020. Conditioning and training while following the LHSAA/SMAC recommendations and guidelines is permitted. Please follow the graph below during each phase of reopening. Green is permitted and red is not allowed.

Sport	Phase 1				Phase 2				Phase 3				Phase 4			
	Practice	Intrasquad Scrimmage	Interschool Scrimmage	Game Play	Practice	Intrasquad Scrimmage	Interschool Scrimmage	Game Play	Practice	Intrasquad Scrimmage	Interschool Scrimmage	Game Play	Practice	Intrasquad Scrimmage	Interschool Scrimmage	Game Play
Cross Country	Red	Red	Red	Red	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Basketball	Red	Red	Red	Red	Red	Red	Red	Red	Green	Green	Red	Red	Green	Green	Green	Green
Football	Red	Red	Red	Red	Red	Red	Red	Red	Green	Red	Red	Red	Green	Green	Green	Green
Soccer	Red	Red	Red	Red	Red	Red	Red	Red	Green	Green	Red	Red	Green	Green	Green	Green
Swimming	Red	Red	Red	Red	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Volleyball	Red	Red	Red	Red	Green	Green	Red	Red	Green	Green	Green	Green	Green	Green	Green	Green
Wrestling	Red	Red	Red	Red	Red	Red	Red	Red	Green	Green	Red	Red	Green	Green	Green	Green