



HOLY CROSS/DOMINICAN INVITATIONAL

August 11, 2018

Dear Cross Country Coach:

We would like to invite you to participate in this year's Holy Cross/Dominican Cross Country Invitational. This year the meet will be held on **Saturday, September 22, 2018**, in City Park. We would like to thank **Varsity Sports** for providing Top 10 Finisher t-shirts.

There will be seven races: Non-scoring open elementary, girls and boys elementary invite, and girls and boys combined junior high. Each school will be allowed to enter 10 runners in the scored elementary races, 12 runners in the junior high race, and unlimited entries in the open elementary race. Only five runners will count for team honors. To compete for team honors, a school must have five runners finish the race. The Top 10 finishers in each race will be presented with invitational t-shirts.

Schedule of Events

- 7:00 a.m. – Check-In/Pick-up Packet
- 7:30 a.m. – Girls Elementary - 2 miles (10 entries, 4th-7th grade, **non-LHSAA** registered athletes only)
- 8:00 a.m. – Boys Elementary - 2 miles (10 entries, 4th-7th grade, **non-LHSAA** registered athletes only)
- 8:30 a.m. – Girls & Boys Elementary non-scored – 1.5 miles (unlimited entries, **non-LHSAA** registered athletes only)
- 9:00a.m. – Girls Varsity – 3 miles (limited to 7-entries, LHSAA registered athletes only)
- 9:35 a.m. – Boys Varsity - 3 miles (limited to 7-entries, LHSAA registered athletes only)
- 10:05 a.m. – Boys & Girls Junior High – 2 miles (unlimited entries, **non-LHSAA** registered athletes only)
- 10:35 a.m.- Boys & Girls Junior Varsity non-scored - 3 miles (unlimited entries, LHSAA registered athletes only)
- 11:15 a.m. – Presentation of Awards

Fees

An entry fee of **\$70.00 per school** will be charged to help defray expenses. Please make your check payable to **Dominican High School**. **Pre-registration is required. Please read the enclosed page for further instructions.**

Directions

Enter City Park from Marconi Drive and turn right onto Harrison Avenue. The staging area (registration/scoring) is along Diagonal Rd. Parking is allowed only on Diagonal Rd. or Harrison Ave. on the **west** side of Diagonal Rd. (**Please do not park on Harrison Ave. on the east side of Diagonal Rd.**)

Good luck this season. See you on Saturday, September 22th!

Ashlyn Ciolino
Head CC Coach, Dominican

Sean Allerton
Head CC Coach, Holy Cross