

August 15, 2018

Dear Coach:

We would like to take this opportunity to invite you and your team to participate in the forty-third annual Catholic High Cross-Country Invitational. This year's meet will be held on **Saturday, October 6, 2018** at Highland Road Park. **PLEASE NOTE THAT THERE ARE SOME SIGNIFICANT CHANGES.**

A team champion and runner-up trophy will be presented in all six scoring divisions. The top individual finishers will be awarded special "Invitational" shirts and medals.

In the Boy's Senior High Division and Girl's Senior High Division each school will be limited to seven (7) entries.

In the JV and Middle School Divisions you may enter a maximum of fifteen (15) runners.
(Note: At 8:00 a.m. there will be a JV Open Run available to extra LHSAA registered athletes only).

YOU MUST PRE-REGISTER YOUR ATHLETES THROUGH ATHLETIC.NET!!
PLEASE READ ATTACHED INSTRUCTION SHEET VERY CAREFULLY!

The time schedule will be as follows:

- 7:30 a.m. - 10:30 a.m. – Check In/Pick up Packets
- 8:00 a.m. - **Boys & Girls JV Open** – 2miles (LHSAA registered athletes only) – no sign in required
- 8:30 a.m. - **Girls High School** – 3 miles (LHSAA registered athletes only)
- 9:00 a.m. - **Boys High School** – 3 miles (LHSAA registered athletes only)
- 9:30 a.m. - **Girls JV** – 2 miles (Grades 9-10. LHSAA registered athletes only)
- 10:00 a.m. - **Boys JV** – 2 miles (Grades 9-10. LHSAA registered athletes only)
- 10:30 a.m. - **Girls Middle School** - 2 miles (Grades 5-8.....not registered w/LHSAA)
- 11:00 a.m. - **Boys Middle School** – 2 miles (Grades 5-8.....not registered w/LHSAA)
- 11:30 a.m. - **Awards Presentation**

Entry fee for meet will be **\$60.00 per school.**

NOTE: PLEASE PROVIDE WATER AND ICE FOR YOUR TEAM

SCHOOL: _____ COACH: _____

PLAN TO ENTER: ___Boys HS___Girls HS___Boys JV___Girls JV___Boys Middle___Girls Middle

_____ \$60.00 Entry Fee per School (**make check payable to Catholic High School**)

Catholic High School
Attn: Pete Boudreaux
855 Hearthstone Drive
Baton Rouge, Louisiana 70806

ATTENTION COACHES:

REGISTRATION THROUGH [ATHLETIC.NET](http://athletic.net) IS REQUIRED

PLEASE READ THE FOLLOWING INSTRUCTIONS CAREFULLY:

We will use the same scoring procedure that was used at last year's meet as well as the state meet. We will pre-register all runners and will use scanners at the finish line to determine both individual places and team totals. The HY-TEK System will automatically score the meet. Therefore, you will be required to pre-register your entries.

You must **register your top 7 Varsity runners and top 15 JV & Middle School runners** through Athletic.net (www.athletic.net). **Registration will open on September 5th at 8:00 a.m. and will close on Wednesday, October 3rd at 7:00 p.m.** You may add/delete/change your entries up until the entry deadline. No changes allowed after registration closes. *When you arrive at the meet, you will pick up your packet and give the assigned numbers to your 7 Varsity runners and your 15 JV or Middle School runners that you have entered in the meet.* No changes or adds will be made at the meet. You must enter your athletes through Athletic.net (athletic.net).

Do not fax, e-mail or mail your entries.

Entries must be registered through Athletic.net (athletic.net) no later than Wednesday, October 3rd at 7:00 p.m.

\$60.00 entry fee per school. Make payable to: **Catholic High School.**

Mail check to:

Catholic High School
Attn: Pete Boudreaux
855 Hearthstone Drive
Baton Rouge, La. 70806

SORRY, BUT NO ENTRIES WILL BE ACCEPTED AFTER WEDNESDAY, OCTOBER 3rd (7:00 P.M.). NO CHANGES ON DAY OF THE MEET! 8/15/18

CATHOLIC HIGH INVITATIONAL
INFORMATION SHEET

TIME SCHEDULE:

- 8:00 A.M. - JV OPEN-Boys & Girls (LHSAA ATHLETES ONLY)
8:30 A.M. - GIRLS HIGH SCHOOL (LHSAA ATHLETES ONLY)
9:00 A.M. - BOYS HIGH SCHOOL (LHSAA ATHLETES ONLY)
9:30 A.M. - GIRLS JV (LHSAA ATHLETES ONLY)
10:00 A.M. - BOYS JV (LHSAA ATHLETES ONLY)
10:30 A.M. - GIRLS MIDDLE SCHOOL (NON LHSAA)
11:00 A.M. - BOYS MIDDLE SCHOOL (NON LHSAA)
11:30 A.M. - AWARDS CEREMONY

AWARDS:

TEAM: TROPHIES TO TEAM CHAMPION AND RUNNER-UP

INDIVIDUAL :

VARSITY – T-SHIRTS TO TOP 20 AND MEDALS TO TOP 15

JV & MIDDLE – T-SHIRTS TO TOP 15 AND MEDALS TO TOP 3

ENTRY LIMITATIONS: 7 RUNNERS IN VARSITY RACES
15 IN JV & MIDDLE SCHOOL RACES

SCORING: AUTOMATIC SCORING BY COMPUTER

COACHES: ATTACH COMPETITOR #'S TO FRONT OF RUNNERS JERSEYS.
INSTRUCT RUNNERS TO GO ALL THE WAY THROUGH THE CHUTE.

RESULTS: GO TO: www.la.milesplit.com or www.athletic.net

2018 CHS INVITATIONAL INFORMATION SHEET

All 9th – 12th grade runners must meet LHSAA eligibility requirements to compete in any event.

- All runners must wear like uniforms with school name.
- Attach competitor's numbers to front of runner's shirt. Do not pin the stub to the shirt.
- **Do not allow runners to remove the scoring stub on the bottom of the number.**
- All runners must exit only at the end of the chute or their stub will not be collected and they will not be scored or included in the results.

TIMING

- Official timing will cease approximately 25-30 minutes into the race in order to set up for the next race.
- The unofficial display clock will be reset at the end of the time allotted for the previous race, usually when runners for the next race are positioned on the starting line.
- Coaches are responsible for timing their runners in the JV Open race and in the other races when either the official timer or display clock is reset.

SCORING

- A TEAM MUST HAVE A MINIMUM OF FIVE FINISHERS TO RECEIVE A TEAM SCORE.

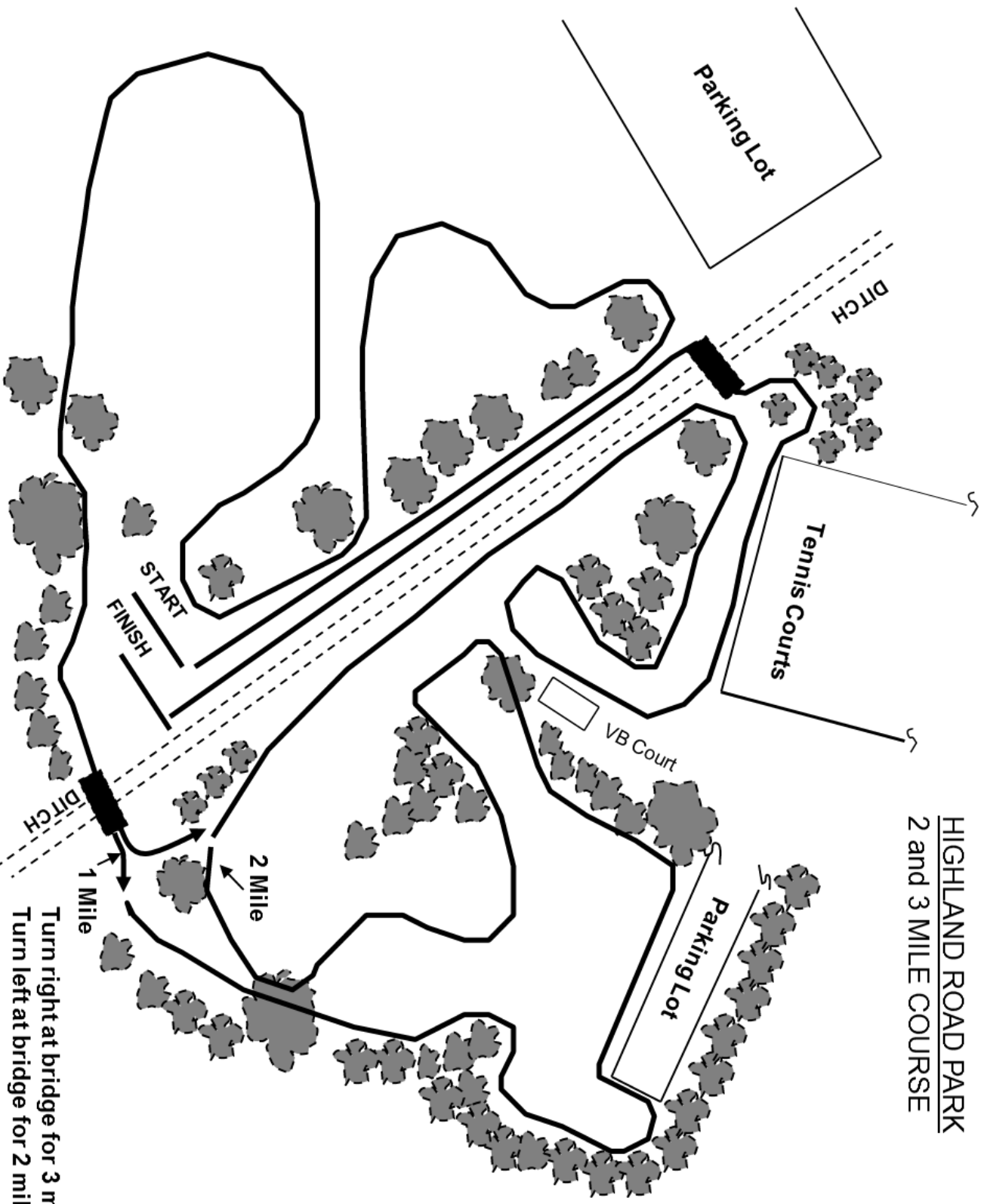
SCHEDULE OF EVENTS:

7:30 AM - 10:30 AM – Packet Pick Up
8:00 AM – Boys & Girls JV Open – 2 miles (LHSAA athletes only) – no sign in
8:30 AM - Girls High School – 3 miles (LHSAA athletes only) – 7 entries
9:00 AM – Boys High School – 3 miles (LHSAA athletes only) – 7 entries
9:30 AM – Girls Junior Varsity – 2 miles (LHSAA athletes only) – 15 entries
10:00 AM – Boys Junior Varsity – 2 miles (LHSAA athletes only) – 15 entries
10:30 AM – Girls Middle School – 2miles (Not registered w/LHSAA) - 15 entries
11:00 AM - Boys Middle School – 2 miles (Not registered w/ LHSAA)- 15 entries
11:30 AM – Awards Presentation

MEET RESULTS:

Meet results will be available for viewing or downloading on **www.athletic.net** and/or **www.la.milesplit.com**. Results will be posted immediately after the meet.

HIGHLAND ROAD PARK
2 and 3 MILE COURSE



Turn right at bridge for 3 mile course.
Turn left at bridge for 2 mile course.