



August 8, 2018

Dear Coach,

St. Joseph's Academy invites you and your team to participate in the 36th annual St. Joseph's Academy Cross Country Invitational Meet. The meet will be held on Saturday, September 29, at Highland Road Park in Baton Rouge.

**Event Schedule:**

- 07:30 a.m. – Check-In/Pick-up Packet
- 08:30 a.m. – Girls Varsity - 3 miles (limited to 7-entries, LHSAA registered athletes only)
- 09:00 a.m. – Boys Varsity - 3 miles (limited to 7-entries, LHSAA registered athletes only)
- 09:30 a.m. – Girls Middle School - 2 miles (unlimited entries, 5th-8th grade, **non-LHSAA** registered athletes only)
- 10:00 a.m. – Boys Middle School - 2 miles (unlimited entries, 5th-8th grade, **non-LHSAA** registered athletes only)
- 10:30 a.m. – Girls & Boys Junior Varsity - 2 or 3 miles (unlimited entries, LHSAA registered athletes only)
- 11:15 a.m. – Presentation of Awards

**Entry Requirements:**

**ALL schools must register their athletes in advance and online through Athletic.net, [www.Athletic.net](http://www.Athletic.net).** Registration by phone, fax, mail or email cannot be accepted. **Race day registration will not be permitted.**

Online registration will open at 8:00 a.m., Wednesday, September 5. Registration will close at 8:00 p.m. on Wednesday, September 26. Advance registration is required for the Varsity and Middle School races. Advance registration is not required for the combined Girls & Boys Junior Varsity non-scored race. No entries will be accepted after the entry deadline. No changes can be made on the day of the Meet.

**Be advised only LHSAA registered eligible athletes are allowed to compete in the Varsity and Junior Varsity races. The Middle School races are reserved for non-LHSAA registered athletes in grades 5 thru 8.** In no instance may an LHSAA registered athlete compete in the Middle School races. No ineligible high school athletes, unattached athletes, or adults will be allowed to compete in any race. Athletes will not be allowed to compete in more than one race.

The separate Girls Varsity and Boys Varsity races are limited to a maximum of **seven (7)** entries each. Any additional eligible high school runners may run in the combined Girls & Boys Junior Varsity race as there are no entry limitations in that non-scored race. The separate Girls Middle School and Boys Middle School races will be unlimited as we will not have a Middle School open race. "A" and "B" teams will not be permitted in any race.

**Entry Fee:**

An entry fee of **\$60.00 per school** is required. If you do not have enough athletes to field a full team (less than five), your entry fee will be **\$10.00** per athlete. Please make your check payable to St. Joseph's Academy. **Please bring your check with you on Meet day. Please do NOT mail it in advance or try to pay online.**

**Race Packets:**

Your race packet will be available for you to pick up beginning at 7:30am under the large tent nearest the finish line. We will have a table setup for you to check in, drop off your entry fee, and pick up your race packet.

**Parking:**

Be advised that parking around Highland Road Park is severely limited. Paved parking is available on the west side of the Park accessible from Amiss Road and on the north side of the Park accessible from N Amiss Road. You may also park in the baseball lots located on the south side of Highland Road. Overflow parking will be directed to the baseball fields. If you are arriving by bus, you may drop off your athletes and your gear in the west side parking lot. You will then be directed to park your bus in the south lot off of Highland Road. Please try to carpool as much as possible.

**Concessions:**

Be advised that we will not have concessions at the Meet. You will need to bring your own ice and water.

**Scoring:**

All online entries will be taken from Athletic.net and inputted into the Hy-Tek System to automatically score the Meet. All runners must pin his/her bib number to the front of his/her shirt. All finishers must walk through and exit the finishing chute for his/her stub to be collected and scanned in order to be scored. Any runners that do not pass through the finishing chute will not be scored. A team must have a minimum of five finishers in order to receive a team score. All runners in all races must wear school uniforms with the school name clearly shown.

**Timing:**

Official timing will cease approximately 25 minutes into the race in order to expedite the compilation of the results and begin the next race. The bridge at the far end of the finishing straight-away will be closed after 25 minutes to expedite the start of the next race. Any runner who has not passed this point in 25 minutes will be stopped and directed along the far straight-away to another finish line on the other side of the canal. In this instance, that runner cannot be scored for their team or have their finish time recorded. The unofficial display clock will be reset at the end of the time allotted for the previous race, usually when runners for the next race are positioned on the starting line. Coaches are responsible for timing their runners in the Junior Varsity race and in any race when either the official timer or display clock has been reset.

**Awards:**

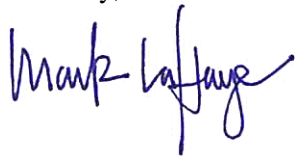
Awards will be presented to the top two teams in the Varsity and Middle School races. Special gifts presented by New Balance will be awarded to the top three runners in the Varsity and Middle School races. T-shirts presented by Varsity Sports will be awarded to the top-25 finishers in the four scored races.

**Meet Results:**

Meet results will be uploaded to Athletic.net ([www.Athletic.net](http://www.Athletic.net)) no later than the Monday following the meet. Results will also be made available to LA Milesplit (<http://la.milespilt.com>) and the Baton Rouge Advocate newspaper.

Should you have any questions, please feel free to contact me.

Sincerely,



Mark LaHaye

Head Coach Cross Country  
St. Joseph's Academy  
225-603-6575  
[lahayem@sjabr.org](mailto:lahayem@sjabr.org)

Attachment