

Monroe Area Dining Guide

Steak and Seafood

Warehouse No. 1 Restaurant

One Olive Street, Monroe • (318) 322-1340

www.warehouseno1.com

Relax along the Ouachita River while you dine in this unique building that was once a cotton warehouse. Start your meal with fresh, hot hushpuppies. Choose from unique options like Feta Cheese Grits and Corn & Crab Bisque or try the Peppercorn Steak, Grilled Salmon, Gumbo, or Citrus Grilled Tuna Salad. If you're really hungry, try the Ouachita River Special, a plate piled high with seafood. Finish your meal with an order of their Flaming Bread Pudding. Reservations accepted for 6 or more.

L, D

Waterfront Grill

5201 DeSiard Street, Monroe • (318) 345-0064

www.waterfrontgrill.com

Resting on the quiet banks of Bayou DeSiard, this restaurant was featured in Southern Living magazine and is known for its grilled entrees and rustic charm. Try the Catfish DeSiard, named for the bayou that flows beneath the deck, or Shrimp Rahkee, shrimp in a spicy cream sauce with mushrooms and fresh vegetables over pasta. Other menu options include the local favorite, Shrimp Remoulade Salad and grilled steaks. For a special occasion, reserve the Dinner Boat on the Bayou for an additional fee. Reservations recommended for Friday or Saturday and for parties of 8 or more.

L, D

Chateau Restaurant, Inc.

2007 Louisville Avenue, Monroe • (318) 325-0384

Many locals say their filet is "like butter." Try it with a side of Italian green beans and their unique house salad. In the mood for seafood, try Red Snapper Tony topped with lump crabmeat in a light lemon butter sauce. For over 40 years, they've been serving homemade Italian dishes and daily lunch specials. Occasional live entertainment and dinner theatre in the Cork Room.

L, D

Copeland's of New Orleans

3851 Pecanland Mall Drive, Monroe • (318) 324-1212

www.copelandsofneworleans.com

This Louisiana original offers a wide choice of menu options. Famous for Eggplant Pirogue, Shrimp & Tasso Pasta, po-boys, and marinated crab claws. Oh, and the biscuits on the side melt in your mouth. Offering Sunday Jazz Brunch with a dash of Cajun flavor. Finish up your meal with an order from the cheesecake bakery. Try the Original Praline, White Chocolate Hazelnut Cream or Chocolate Fudge Brownie.

L, D

Hob Nob Steak & Seafood Restaurant
5076 Cypress Street, West Monroe • (318) 396-9101
www.hobnobsteakandseafood.com

Black Angus steaks, catfish filets, fried oysters, hamburgers, po-boys and more. The house specialty is Snapper Breaux Bridge, a grilled filet topped with a crawfish cream sauce. Don't miss the \$10 steaks on Wednesday night. Come for karaoke on Thursdays and live bands on Friday night.

L, D

Restaurant Sage
1301 North 19th Street, Monroe • (318) 410-9400
www.restaurant-sage.com

Treat yourself to hand-cut-in-house steaks with creole seasoning, Blackened Ahi Tuna, or sea bass with crabmeat and avocados. Dishes are prepared by Chef Cory Bahr in this modern, upscale atmosphere. Known for a salad bar full of crisp fresh choices, the Red Oak Bar and an excellent wine selection.

Reservations recommended for Friday and Saturday.

L, D

The Brandy House
2001 Louisville Avenue, Monroe • (318) 410-4100

Upscale dining surrounded by deep cherry wood and Tiffany lamps. Experience the unique ice bar, where you will truly get the "coldest drink in town." Enjoy delicious filets and ribeyes. Try their trout, tilapia, salmon, or tuna specialties. Also taste their famous New Orleans-style po-boys. For dessert, try the Bananas Foster made right at your table or Disgusting Chocolate, a flourless chocolate cake with vanilla bean ice cream and rich chocolate sauce. Occasional entertainment. Located next to the Atrium Hotel and Conference Centre.

L, D

Catfish Houses

Catfish Cabin
1400 Louisville Avenue, Monroe • (318) 387-7353

This local favorite has been serving appetizing seafood dishes like gumbo, baked fish, and fried fish since 1972. The combination plate gives you a taste of fried catfish, oysters and shrimp. And no seafood meal is complete here without mouth-watering hushpuppies. You can even buy the batter to take home.

L, D

Catfish Charlie's
2329 Louisville Avenue, Monroe • (318) 807-7070
www.catfishcharlies.biz

Try this Best of the Delta winners's fried, grilled or blackened catfish or the grilled tilapia with a side of authentic jambalaya. Burgers and steaks are also on the menu. Order yours with the grilled veggies – they're superb.

L, D

Scott's Catfish & Seafood

2812 Cypress Street, West Monroe • (318) 387-6212

www.scottscatfish.com

Locals love the casual atmosphere and fried catfish, gumbo, fried crawfish, Catfish Louisianne – etouffee over catfish and rice – and the award-winning Orleans Crab Sauce over pasta with shrimp or chicken. Enjoy tasty side options like white beans and dirty rice.

L, D

The Fish House

8823 Hwy. 165, Ste. 6, Monroe • (318) 807-0876

A seafood restaurant offering traditional favorites like catfish, frog legs, and hamburgers.

L, D

Cajun/Gumbo/Crawfish

Riverside Coney Island

710 Walnut Street, Monroe • (318) 388-3644

More than the usual Coney Island experience. When crawfish season hits, this is the place to be with outdoor dining and live entertainment nightly! It's a Cajun trip. Good gumbo and daily plate lunches are served throughout the year, as well as fried Snickers, Twinkies and Oreos. You'll find something for everyone.

L, D

Bayou Bistro

125 Constitution Drive, West Monroe • (318) 329-9998

Enjoy this easy trip to taste New Orleans style etouffee, po-boys, and other familiar southern treats. A streetcar serves up fun libations and a distinctive background for your meal. Start off with an order of delicious crab cakes. Bistro Specialties feature Blackened Tilapia, Dixie Shrimp and Grits, Smothered Pork Chops or Jazz Fest Coconut Chicken. They have Sandwiches, pasta favorites, salads, steaks and specialties of the Bayou. Top your meal off with a creole cheesecake, only found here. Your taste buds will thank you for the trip down the Mississippi River.

L, D

Boudreaux's of Monroe

1810 Tower Drive, Monroe • (318) 324-9615

This Cajun favorite offers burgers, po-boys, seafood and more. Try the fan-tail fried shrimp, jumbo Gulf shrimp, double-battered and deep-fried 'til golden brown. Follow that up with a piece of pecan cobbler a la mode.

L, D

Cajun Bistro

1534 Highway 594, Monroe • (318) 343-3379

This casual, fast dining atmosphere offers chicken, catfish, pork chop and shrimp dinners served with a side of dirty rice, red beans & rice, cole slaw or fries. Also on the menu is a Cajun gumbo and boudin balls.

L, D

Cheniere Shack

7975 Cypress Street, West Monroe • (318) 396-9754

Fried oysters that are plump and juicy, thin strips of catfish filets fried to perfection and seasoned just right, hot boiled crawfish when in season -- all will make you want to smack your lips! Enjoy their freshly made desserts such as coconut cream pie topped with a luscious meringue, their lemon icebox pie, a southern favorite, or their melt-in-your mouth pecan pie.

L, D

Cormier's Cajun Catering & Restaurant

1205 Forsythe Avenue, Monroe • (318) 322-0414

www.cormierscajuncatering.com

Grab a picnic table and enjoy their spicy crawfish or famous pig sandwiches. Try the boiled crabs, when in season. Open during crawfish season, typically January through July 4.

L, D

Crawfish City

3426 Cypress Street, West Monroe • (318) 397-9002

No need to look long at a menu – it's all about crawfish here. But there are shrimp and oysters, too. Don't be afraid to get your hands dirty, you have to when you're peeling crawfish. Open during crawfish season.

D

Cypress Inn Restaurant

7805 DeSiard Street, Monroe • (318) 345-0202

www.cypressinnmonroe.com

A true dining experience at this family favorite. Feed the turtles off the back patio to start. Try the salad bar and then choose from fried, boiled or grilled shrimp, crawfish, frog legs, catfish, alligator and oysters.

L, D

Mohawk Seafood Tavern Restaurant

704 Louisville Avenue, Monroe • (318) 322-5481

100 Constitution Circle, West Monroe • (318) 398-3185

This longtime local favorite is famous for gumbo, fried fish, raw oysters, shrimp po-boys and shrimp delight salad. Looking for something a bit lighter, try some of their grilled fish options. You'll love the casual atmosphere.

L, D

Soups, Sandwiches, and Po-Boys

Ray's Pege

8209 DeSiard Street, Monroe • (318) 343-0710

1501 Cypress Street, West Monroe • (318) 807-7343

www.rayspege.com

A local favorite since its doors opened in the 60s, this grill is famous for its roast beef po-boys with gravy on the side, curly-Q fries, and open-faced burger. Don't forget to order a malt or shake made from ice cream that's so good, you'll swear it's homemade.

B, L, D

Daily Harvest Bread Company

1105 Forsythe Avenue, Monroe • (318) 812-2253

1611 N. 7th Street, West Monroe • (318) 807-0814

www.dailyharvestbakery.com

Fresh stone-ground whole wheat products, fabulous chicken salad, wraps, soups and fresh breads like maple pecan. The cookies without-the-guilt come in oatmeal raisin pecan, oatmeal chocolate chip, coconut haystack or snickerdoodles to name a few. Or try one of their delicious muffins, like apple pecan cranberry, banana nut, morning glory or blueberry. Then step up to the all-natural raw juice bar, where they squeeze all your favorite fruits before your very eyes.

B, L

Jo-el's Cafe

2500 North 7th Street, West Monroe • (318) 387-5343

Located in the bottom floor of the Richland State Building, this cute as "Paula Deen" owner serves up fresh salads, sandwiches and desserts daily, with a few sides of "ya'll" mixed in for fun. Signature dishes include a blueberry salad, strawberry salad, and Panini sandwiches. The Judester Hamburger Float – open faced with grilled onions, cheese, and fries will fill up any man. Breakfast is served up daily with a special brunch menu on Sundays.

B, L

Lea's of Lecompte

319 Louisville Avenue, Monroe • (318) 329-8081

Family-owned and famous for homemade pies, like chocolate and lemon meringue. Daily lunch specials, ham sandwiches...and they're open for breakfast.

B, L, D

Magic Grill

4331 Sterlington Road, Monroe • (318) 807-GRIL

www.magicgrill.net

Try a Magical Po-Boys with a choice of roast beef, ham, fish, turkey, ribeye, shrimp, Philly or hamburger, along with a cup of their famous gravy and fresh cut fries. For the kids, there are chicken strips, hot dogs with chili, malts, shakes, and ice cream. Also, they have plate lunches of pork chops, beef tips, fried fish, or red beans and rice. And don't forget to try the homemade onion rings!

L, D

Not Just Pie

2117 Forsythe Avenue, Monroe • (318) 322-9928

Southern Living Magazine calls this eatery "a diner's delight" where one can get "hypno-pied" by a variety of fresh pies like banana caramel, coconut and chocolate all topped with whipped cream. But as the name suggests, they serve sandwiches, chili, soups and quiche along with a mouth-watering roast beef po-boy.

L, D

Portico Bar & Grill

2230 Tower Drive, Monroe • (318) 329-9510

www.porticobarandgrill.com

Old décor meets new in this chic, trendy spot. A great place to get together with friends and try some brick-oven pizza and sweet potato fries. Their house dressing is one you'll want to try again.

L, D

Soups, Salads & Sweets

207 Blanchard Street, West Monroe • (318) 322-9407

www.soupsaladandsweets.com

Choose from chicken, tuna or ham salad sandwiches or wraps or soups like potato, Baja chicken or red beans & rice. Or mix up your own salad at the bar full of fresh, healthy ingredients.

Finish off your lunch with a gourmet cupcake or brownie, made fresh daily.

L

The Pickle Barrel

1827 Avenue of America, Monroe • (318) 325-5996

The menu is good for a laugh, but the food is seriously good. Sample such options as the Garden of Eatin' salad, Ike and Tina Tuna, Leave it Beefer sandwich, or one of their specialty burgers. Choose from their large selection of imported beer.

L, D

Trio's

2219 Forsythe Avenue, Monroe • (318) 387-3577

www.triosbarandgrill.com

A popular meeting place among the hip local crowd. Make a selection from the pizza menu or try the Trio's Pasta, alone or add chicken or shrimp. Also on the menu Crabmeat Musaka, Greek salads, po-boys and burgers.

L, D

Hamburgers

Enoch's Pub & Grill

507 Louisville Avenue, Monroe • (318) 388-ENOC

www.enochsirishpub.com

An Irish Pub with a Louisiana attitude! This old world pub in the heart of Monroe is famous for its hamburgers. They have a great selection and on Tuesdays, they're 2 for 1. One of the local favorites is The Blarney Stone Blue Cheese Burger topped with cheese, blue cheese dressing, and bacon. So good it melts in your mouth.

L, D

Melvyn's Restaurant

1128 Oliver Road, Monroe • (318) 325-2055

You'll feel like a local in this hometown hangout, famous for award-winning, charbroiled, hand-patted burgers and hamburger steaks stuffed with cheese and onions.

L, D

Sports City Grill

2105 N. 7th Street, West Monroe • (318) 387-1700

5400 Operations Road, Monroe (at the airport) • (318) 323-1574

www.sportscitygrill.com

Catch the game and a great meal, too. Try the shrimp salad, with dressing so good you'll ask for seconds – or you may want to go for a big, juicy burger. If you're really hungry, take the Hall of Fame Challenge: a burger made with one pound of ground beef. Clean your plate and you'll win a Sports City T-shirt. They are serving breakfast at their Monroe Regional Airport location. Also offering daily lunch specials.

B, L, D

The Creamery

1121 Forsythe Avenue, Monroe • (318) 325-8886

112 Blanchard Street, West Monroe • (318) 387-8848

This retro, 50s-style diner is serving up tasty, hand-patted burgers. Get yours with their grilled onions, some of the best in town. And be sure to ask for a malt or shake served in an old timey frosted glass.

L, D

Bar-B-Que

BBQ West

4900 Cypress Street, Suite 9, West Monroe • (318) 396-7455

1405 North 7th Street, West Monroe • (318) 388-3030

2917 Sterlington Road, Monroe • (318) 651-0655

www.bbqwest.com

This Best of the Delta winner serves great bar-b-que! Try the smoked turkey, bar-b-que beef, chicken, sausage, ribs and beans with their real spicy sauce. Also enjoy their po-boys on homemade bread with a side of gravy. Stop by on Thursday for Steak Night.

L, D

Danken Trail Bar-B-Q

7712 DeSiard Street, Monroe • (318) 343-0773

They've been serving their tangy sauce with beef, turkey or sausage for over 30 years. Not a fan of tangy? Their ribs are painted with a sweeter sauce or try the fried fish. Finish your meal with a serving of hot peach cobbler.

L, D

Podnuh's Bar-B-Q

1108 Sterlington Road, Monroe • (318) 343-3008

810 Splane Drive, West Monroe • (318) 388-0559

www.podnuhs.com

Try their zesty sauce on all the BBQ dishes you know and love: beef, sausage, chicken and baked beans.

L, D

Willie's Bar-b-que & Catering

411 DeSiard Street, Monroe • (318) 324-1767

Serving all your favorite BBQ dishes with a spicy BBQ sauce.

L, D

Soul Food/Home-Style Plate Lunches

The Kitchen

202 S. 6th Street, Monroe • (318) 322-4224

Open the screen door and take a whiff of some good ol' Southern cooking. They've been serving this community since 1984, like chicken and dumplings, beef tips, hamburger steak, turnip greens and home-cooked breakfasts. Locals come daily for a taste of this comfort food.
B, L

Big Momma's Fine Foods

1118 S. 2nd Street, Monroe • (318) 388-5678

Daily plate lunches with good Southern vegetables like real mashed potatoes, butter beans, candied yams, greens (mustard and turnip), corn and blackeyed peas. Fantastic fried chicken and smothered pork chops, too. You can't leave without trying some of Big Momma's hot water cornbread. And for dessert, a big piece of homemade cake, cobbler or pie.

L

Granny's Country Cookin' & Caterin'

2400 Cypress Street, Suite 46, West Monroe • (318) 324-8870

3110 Louisville Avenue, Monroe • (318) 361-5108

In the mood for some good country cooking. Then pull up a chair and try a home-style plate lunch with choices like fried chicken, beef tips and rice, fried pork chops, black-eyed peas, smothered squash, okra and tomatoes, lima beans and hush puppies.

L

Kayla's Kitchen

311 Wood Street, West Monroe • (318) 361-7190

Nestled in historic Antique Alley, this mother-daughter duo cooks up daily plate lunch specials, dessert and tea included. A favorite is their homemade chicken and dressing with side choices like butter beans and squash casserole. For dessert, try the Banana Caramel Pudding or Coconut Delight.

L

Lindz's Café

2215 DeSiard Street, Monroe • (318) 325-4145

Located in a renovated building showcasing the original brick and ironwork of the Old downtown, their cooked to order breakfast is a must. Homemade biscuits or the omelet bar are a great way to start the day. For lunch, the daily plate lunches feature chicken fried steak, red beans & sausage, shrimp pasta, alongside a large vegetable selection of fried okra, greens, yams, peas and more. Or you can select po-boys and hamburges hot off the grill. Served up with an ice cold tea or soft drink for a meal to fill up the largest appetite.

B, L

Coney Islands

Coney Island Claiborne

4624 Cypress Street, Suite 11, West Monroe • (318) 855-3629

Burgers, hot dogs, chicken strips, fries and nachos.

L, D

Coney Island Connection

2635 N. 7th Street • West Monroe • (318) 397-2202

www.coneyislandconnection.com

Serving some of the best chili dogs and old-fashioned hamburgers around.

L, D

Smith Street Coney Island

302 Smith Street, West Monroe • (318) 322-4146

Famous for their homemade chili, made fresh daily. You'll love it!

L, D

The Original West Monroe Coney Island

410 Natchitoches Street, West Monroe • (318) 323-7610

www.theoriginalwestmonroeconeyisland.com

Just two words – chili cheeseburger! It's messy, but it's oh-so-good!

L, D

Donut Shops

Daylight Donuts

5955 Cypress Street, West Monroe • (318) 397-3393

Donut Palace

2403 North 7th Street, West Monroe • (318) 397-4080

3407 DeSiard Street, Monroe • (318) 343-4347

Haskell's Donuts

415 Thomas Road, West Monroe • (318) 388-0880

1617 Martin Luther King Drive, Monroe • (318) 388-0238

4331 Sterlington Road, Monroe • (318) 325-1205

8015 DeSiard Street, Monroe • (318) 343-2777

ShIPLEY Donut Shop

512 Louisville Avenue, Monroe • (318) 322-2790

Super Donuts

2415 Arkansas Road, West Monroe • (318) 396-3310

Mexican

Chile Verde

7944 DeSiard Street, Monroe • (318) 343-7487

Known for their white queso, piled-high fajita nachos and great margaritas. You'll find this casual dining spot a fiesta of fun. Try some of their cool, self-serve ice cream to finish off your Mexican dinner.

L, D

El Chile Verde

3211 Sterlington Road, Monroe • (318) 322-3135

1103 Glenwood Drive, West Monroe • (318) 338-5351

Authentic Mexican fare in a casual, family atmosphere. Try the white queso, smokin' fajitas and cool margaritas—frozen or on ice.

L, D

El Jarrito Mexican Grill

1304 Lamy Lane, Monroe • (318) 325-7348

Step into the bright colors of Mexico and enjoy a variety of quesadillas, chimichangas, enchiladas, taquitos, taco salads and steak specials. A Louisiana twist to the menu offers crawfish, shrimp and Tabasco to spice it up. Offering express lunches, and a wide variety of vegetarian dishes, you are sure to find a dish to have you saying Ole'!

L, D

Ernesto's Restaurant

401 Bres Avenue, Monroe • (318) 323-3309

Open the door to a Mexican restaurant that has been around for a number of years and for a good reason! Chimichangas, burritos, and enchiladas all offered in a cozy atmosphere.

L, D

Iron Cactus

1304 Highway 80 East, Calhoun • (318) 644-3663

The Tex-Mex eatery serves the usual Mexican dishes, but if you are in the mood for something unique, try the avocados stuffed with beef or chicken, then deep fried. Also on the menu, po-boys and hamburgers.

L, D

Los Parrilleros

403 Constitution Drive, West Monroe • (318) 327-3284

Serving up Mexico's best with fajitas, chimichangas, burritos, and enchiladas. The grill is fired up and ready to serve delicious steak, chicken and shrimp combined with a variety of traditional menu items. This festive atmosphere and great food will make you feel you have landed South of the Border.

L, D

Pueblo Viejo

1809 Roselawn Avenue, Monroe • (318) 329-9440

203 Blanchard Street, West Monroe • (318) 410-4343

The décor is bright and festive. Serving tasty dishes like fajitas, quesadillas, and Spanish rice.

L, D

Taco Bandido

2127 Forsythe Avenue, Monroe • (318) 322-9556

Known for their great frozen margaritas, this hometown place serves burritos, nachos, tacos, chalupas, salads and a 6 layer dip. For an American spin, try the taco burger.

L, D

The Flying Avacado

8823 Hwy 165 Suite 4 , Sterlington • (318) 598-8017

This quaint restaurant serves up thick and juicy beef and chicken fajitas. Ask for a side of their specialty jalapeño corn or Jalapeño ranch dressing. To cool your mouth down, try one of their variety of margaritas from the bar.

L, D

Italian

Cascio's Italian & Cajun Eatery

305 Finks Hideaway Road, Monroe • (318) 345-4536

This quaint charming eatery is great for families and serves homemade Italian dishes and seafood. Order the homemade cheese sticks. The kids will love them.

L, D

Geno's Italian Restaurant

705 North 8th Street, Monroe • (318) 325-5098

Monroe's oldest Italian restaurant, serving baked penne hot out of the oven with bubbling sauce topped with cheese. You'll feel right at home sampling their lasagna, manicotti and butter/garlic spaghetti with shrimp. Mama's Original Salad Dressing is packaged and shipped nationwide. Reservations recommended for Fri. or Sat. and for parties of 8 or more.

L, D

Genusa's Italian Restaurant

815 Park Avenue, Monroe • (318) 387-3083

An intimate atmosphere for that romantic dinner. Seafood fettuccine, manicotti, homemade Italian salad and a wonderful wine selection. If you like the soup or sauce, it's available for purchase.

L, D

Monjuni's Italian Café & Grocery

1102 Oliver Road, Suite A, Monroe • (318) 362-5655

www.monjunis.com

Great old world atmosphere. Try the Neapolitan pasta, a dish served with both their sweet marinara and creamy alfredo sauces, or a muffuletta. Stop by the grocery on your way out and pick up some authentic ingredients and take a little Italy home. Reservations recommended for 6 or more.

L, D

Indian

Namaste

903 North 4th, Monroe • (318) 807-0993

This authentic Indian restaurant offers a daily lunch buffet where you can sample a variety of salads, vegetarian, customary, and south Indian food. Dinner offers a chance to select from the menu of Tandoori specials, Biryani, Vegetarian, Chicken, Lamb, curry dishes, and special breads.

L, D

Spice

8649 Hwy. 165 N., Monroe • (318) 361-2700

Many traditional Indian dishes are served up daily including Samosa Chaat, Lamb Curry, Dal Fry and Paneer Marsala. They offer a bread menu of fresh traditional Indian breads baked exclusively at Spice. A rice menu presents dishes served with either vegetables, chicken or shrimp.

L, D

Chinese

China Café

2820 Louisville Avenue, Monroe • (318) 323-8181 • L, D

China Chef

1419 Winnsboro Road. Monroe • (318) 388-5888 • L, D

China Garden Restaurant

608 Sterlington Road, Monroe • (318) 343-0388 • L, D

100 Constitution Drive, West Monroe • (318) 398-1688 • L, D

Chinese Gourmet Express

4700 Millhaven Road, Monroe • (318) 388-6999 • L, D

Eastern Chinese Restaurant

3426 Cypress Street, West Monroe • (318) 396-8181 • L, D

Eastern Empire

3601 Pecanland Mall Drive, Monroe • (318) 388-8086 • L, D

Golden Dragon Chinese Restaurant

2510 Cypress Street, West Monroe • (318) 388-8883 • L, D

Jade Garden Chinese Restaurant

1822 Forsythe Avenue, Monroe • (318) 322-3886

Reservations recommended for 20 or more.

L, D

Peking Chinese Restaurant

412 Thomas Road, West Monroe • (318) 329-8003

4004 Desiard Street, Monroe • (318) 343-4000

L, D

Japanese/Sushi

Kyoto Japanese Sushi Bar

1118 Oliver Road, Monroe • (318) 807-7777

www.kyotoofmonroe.com

Sample the California or Cajun rolls and fresh sushi in a quiet contemporary Asian setting.

L, D

Ronin Hibachi Grill

1119 Garrett Road, Monroe • (318) 345-8868

Gather friends at this trendy spot around the Hibachi grill as you are entertained by trained chefs or try a fresh sushi roll with local flair like the Louisiana Roll with tempura shrimp, crunchy, snow crab, asparagus and mayo topped with fried catfish. For those wanting Sashimi, Nigiri or combos, there is a large selection of fresh fish , octopus, quail eggs, and crab.

L, D

Rawz Café

1100 Sterlington Road , Monroe • (318) 345-3159

A quaint café located just off the University campus has a large variety of sushi entrees. Their hometown specialty, the Monroe Special, is a flash fry roll with tuna, salmon, yellow crab meat, cream cheese topped with a spicy mayo and sweet soy. The Louisiana special adds crawfish to the roll for a distinctive flair. They also offer Thai specialty dishes such as Pad Thai, Pepper Steak, Sweet Basil Chicken and Garlic Shrimp.

L, D

Samurai

2911 Sterlington Road, Monroe • (318) 699-9818

www.samurai-monroe.com

Try the Giant Clam Sashimi, Samurai Rose, Shrimp Pad Thai or Lu's Special Salad while you enjoy the outgoing atmosphere.

L, D

Tokyo Japanese & Sushi Steak House

3426 Cypress Street, West Monroe • (318) 397-7588

Sushi or Teppanyaki prepared before your very eyes! You'll enjoy the fried rice along with your choice of chicken, steak, shrimp or lobster while being entertained.

D

Greek and Lebanese

Athena

1700 N. 18th Street, Monroe • (318) 855-8153

Try their homemade chick pea hummus or spinach pie to start and then choose from salads, gyros, lamb chops, mousaka, shawarma or six distinctive kabobs. For lunch, there are 18 unique specials to take you on a quick trip to the Greek Isles.

L, D

Diners

Ole South Diner

4506 Cypress Street, West Monroe • (318) 855-4832

A working man's diner with options like hamburger steak, beef tips and rice, catfish and pork chops.

L

The Kuntry Diner

946 Ole Hwy. 15, West Monroe • (318) 397-3505

Want something that'll stick to your ribs but is reasonably priced. Stop in here for burgers, po-boys and plate lunch choices such as shepard's pie, meatloaf and country fried chicken during the week.

L

Tony's Restaurant and 50s Bar & Grill

2005 & 2007 Louisville Avenue, Monroe • (318) 323-3963

Adjoining restaurants each with their own unique atmosphere. The 50s diner is open late and offers a delicious breakfast all day. Tony's Restaurant serves great fresh seafood dishes and homemade Italian specialites. Try a local favorite, the Crawfish Enchiladas.

B, L, D

A-1 Deli

400 Coleman Avenue, West Monroe • (318) 699-8707

Drop in for a quick meal with a lunch plate or wings served with a side of beans, potatoes, greens, peas, or rice. Or stop in for breakfast featuring biscuits, served with eggs and gravy. Affordable food prices to not break the bank and satisfy your hunger.

B, L

Coffeeshouses

The Corner Coffeeshouse

207 Blanchard Street, West Monroe • (318) 322-9407

www.thecornercoffeeshouse.com

Coffee may be on your mind, but you'll love their giant specialty cupcakes and cakes, scones, muffins and cookies. For lunch, try a twice-baked potato or fresh chicken salad. Finish your meal off with a Moccachino, a frozen treat.

B, L, D

The Coffee Bean

2501 Broadmoor Boulevard, Monroe • (318) 324-9114

More than your standard coffee house. Taste the fresh quiche of the day, daily lunch special, or specialty chicken salad. For breakfast, try the muffins, scones, or beignets, a square, fried doughnut topped with powdered sugar. This is the only place in town to find this New Orleans specialty.

B, L, D

Lagniappe (a little something extra)

Johnny's Pizza House

3501 DeSiard, Monroe • (318) 343-2222

809 Warren Drive, West Monroe • (318) 396-1346

102 Wallace Road, West Monroe • (318) 396-5120

3001 Old Sterlington Rd., Monroe • (318) 343-2992

8611 Hwy 165 North, Sterlington • (318) 388-1458

www.johnnys-pizza.com

This local favorite, in business for over 40 years, is home to the Sweep the Kitchen, which, as you may have guessed, is topped with everything they have. But for something a little different, try another Johnny's original, Sweep the Swamp, offered seasonally. This hot Cajun treat is topped with spicy, tender crawfish, shrimp, andouille sausage, taste of crab, bell peppers, onions and jalapeno peppers!

L, D

Eskamoe's Frozen Custard & More

2800 Forsythe Avenue, Monroe • (318) 325-5799

703 McMillan Road, West Monroe • (318) 325-7575

www.eskamoes.net

The unique cold treat can be enjoyed by itself, in a shake or the ever popular concrete. The Polar Crunch concrete, a mixture of custard, heath, butterscotch and pecans, is a fan favorite. For a taste of the South, try a Southern Delite Specialty Sundae. Start with custard, then add peaches, strawberries, and bananas. Top with whipped cream and a cherry and you have yourself quite a treat.

L, D

Alley Gators Bar & Grill

100 Horseshoe Lake Road, Monroe • (318) 325-2062

Located inside Bayou Bowl, they offer burgers hot off the grill, chicken strips, fries and more.

L, D

Appletree Café

2934 Cypress Street, West Monroe • (318) 387-7774

Located inside Blessings Bookstore. Enjoy their homecooked meals in a refreshing atmosphere.

L

Arena Billiards Bar & Grill

1411 Thomas Road, West Monroe • (318) 388-6967

Try the Billy Bob steak, rolled in jalapenos and wrapped in bacon, or the Chance Burger, a variation of the patty melt, with a side of their famous sweet potato fries. Then rack 'em up on one of 14 Diamond pool tables.

L, D

Bayou Bakery & Catering

2303 Oliver Road, Monroe • (318) 387-8119

Breakfast specialties such as kolaches, muffins and bagels. Also daily plate lunches Mon.-Saturday like fried or baked pork chops, beef tips and chicken and dumplings. Pick up a casserole for a quick dinner at home. Choose from options like chicken and cheese spaghetti, chicken tetrazzini or Mexican casserole.

B, L

Body Cafe

1530 Sterlington Road, Monroe • (318) 342-8002

www.body-cafe.net

Focusing on elements that generate Fuel for the Body, they serve freshly ground coffee, vitamin-boosting smoothies, and delicious crepes made with all-natural ingredients, like the Chicken Artichoke Crepe with sundried tomatoes, tarragon, orange, and parmesan cheese. Each menu item is given a Fuel Gauge Rating based on the caloric content to keep you informed and help you reach your health and fitness goals.

L, D

Chef Eric Johnson & Company

222 Blanchard Street, West Monroe • (318) 933-CHEF

Chef Eric has opened a banquet facility, and he is offering a daily hot lunch dish, specialty salads, pasta dishes and take home meals. He adds flavors from throughout Louisiana and his diverse experiences to provide a new standard in culinary services. Available for catering and even offering a delivery menu.

L

Chief's Hideway

3091 Hwy 80, Calhoun • (318) 644-9995

Serving plate lunches Monday-Friday in a rustic atmosphere complete with a screen porch out back. The desserts are scrumptious. Try the coconut cream or chocolate pie.

L, D

Cilantro Organic Bistro

1211 N. 18th Street, Monroe • (318) 387-8446

A tempting soup, wrap, salad, and sandwich are offered daily, yet you don't have to worry about your waistline. You'll be eating healthy and never know it. Stop in to enjoy homemade fresh soups like cream of spinach, clam chowder and specialty wraps with fresh fruit of the season or avocados. All ingredients are organically grown, so no concerns here. Just enjoy the fresh roasted garlic, multi-grain or gluten free breads.

L

Coda Bar and Grill

101 North Grand, Monroe • (318) 325-0818

www.codagrill.com

Get a taste of Southern dining with fried chicken, duck and gravy po-boys, or fried venison. Try a daily plate lunch of red beans and rice or chicken and dumplings. For an evening of fun, enjoy the live music. Visit the Rising Sun tapas bar overlooking the Ouachita River while enjoying appetizers and drinks with friends.

L, D

Curl's Cupcakes

405 Stella Street, Suite E, West Monroe • (318) 323-7500

For a sweet treat try one of these homemade cupcake delights. A customer favorite is the Curl's Crimson, red velvet cake with luscious cream cheese frosting.

L, D

Dylan's Restaurant

2908 North 7th Street, West Monroe • (318) 324-9753

A fixture in West Monroe, this original drive-thru serves delicious Big Boy Burgers, shakes, and malts!

L, D

Fieldhouse Bar & Grill

1510 Sterlington Road, Monroe • (318) 342-9662

This local watering hole provides several large screen televisions with a variety of sports. The menu offers choices like a straight from the ballpark Wrigley Hotdog or five specialty half pound burgers. Or try the lighter side menu with salads and quesadillas. Dads and kids can enjoy a booth with their own TV to entertain the kids while Dad can watch his sport of choice. Onion Rings, sweet potato fries or Cajun corn can complete any meal. Stop by before or after any of the ULM games as it is conveniently located not far from campus.

L, D

Frenchies Wagon

113 Smith Street, West Monroe • (318) 388-2097

For a great meal on the run, try their delicious ham, beef and shrimp po-boys, plate lunches and burgers. Don't forget a side of fries or onion rings.

B, L

French Market Café

1051 Hwy. 165 Bypass, Monroe • (318) 387-5100

The hamburger steak is comfort food at its best, smothered with brown mushroom gravy. The New York Strip is grilled to perfection. And the Bourbon Street chicken sandwich is jazzed up with Cajun spices. Located inside the Holiday Inn Hotel & Suites.

B, L, D

French Market of West Monroe

3620 Cypress Street, Suite 1, West Monroe • (318) 397-9470

Try one of their delicious lunch specials like Blend of the Bayou or Lasagna or po-boy or hamburger basket. They also serve grilled fish and fresh seafood. Don't forget to take a look around their grocery for some great Louisiana products.

L, D

Great American Grill

400 Mane Street, West Monroe • (318) 398-0653

Start off with an appetizer of Stuffed Portabella Mushrooms or Quesadillas Pontchatrain. Choose from entrees like Seared Medallions of Beef with Burgundy Wine Sauce or Linguini Genovese. For dessert, try the Bananas Foster or Bread Pudding. Located inside the Hilton Garden Inn.

B, D

Hollywood Snack Bar

1810 Bernstein Park Drive, Monroe • (318) 322-7984

Home-cooked breakfast of grits and bacon. For lunch, try some smothered chicken or pork chops.

B, L

Mixing Bowl

8823 Hwy. 165 North, Ste 5, Sterlington • (318) 807-MIXN

Serving up a daily soup special from taco to gumbo along with half of their specialty sandwiches. The smell of homemade cakes, cookies, pies, and pastries can make you appreciate that "life is short, eat dessert first" theory. Meals to go with you for dinner or for a nice gift are available.

L, D

Nana's Milk and Cookies

7702 DeSiard Street, Monroe • (318) 342-8309

Offering lunch specials like hamburger steak, chicken n' dumplings, or BBQ chicken with two sides and a dessert. Or choose from burgers, wings and fries off the grill. Before you leave stop by the bakery for a sweet treat.

L

Patsy's Big Top Restaurant & Lounge

2055 Old Natchitoches Road, West Monroe • (318) 340-9320

An all-you-can-eat country buffet and delicious homestyle hamburgers!

L

Pure and Simple

222 Bell Lane, Suite 5, West Monroe • (318) 322-4321

Here you will nourish, energize and heal your body with healthy foods like the Pure Chopped, Santa Monica or Little Mediterranean salads. Or one of their sandwiches, the Veggie Burger, Very Veg, Chicken or Wild Alaskan, on bread, a bun or in a wrap. For a refreshing treat, try one of their fresh juices, coconut water or almond milk.

L, D

Rebel House Deli

2500 Arkansas Road, West Monroe • (318) 396-1603

Stop in for hamburgers, hot dogs, chicken strips, onion rings or a hot plate lunch served Monday through Friday. Sizzling steaks are served all day every Thursday.

L, D

Ruby's Bakery and Catering

1872 Forsythe Avenue • (318) 388-4682

Stop in for breakfast of a kolache, breakfast cupcake, donut or breakfast sandwich. For lunch choose from specialty salads, like the Greek or B-L-T Chop, or sandwiches, like the Beef Tenderloin or Jalapeño chicken. They also have lunch specials of Chicken Enchiladas or Beef Tenderloin. Don't forget a cookie or cupcake for dessert.

B, L

Sam's Southern Eatery

300 Layton Avenue, Monroe • (318) 855-4042

Choose a seafood plate with either fried or grilled fish, shrimp, or oysters. Not in the mood for seafood, then try a burger, po-boy or chicken plate. Don't forget to add one of their southern sides of mac n' cheese, green beans, corn, coleslaw, or home-style fries.

L, D

Thurman's Food Factory, Inc.

1608 Stubbs Avenue, Monroe • (318) 387-7848

In the mood for a picnic? Award-winning caterer Dickie Thurman offers a bargain-boxed lunch-to-go. Daily lunches may feature local favorite Blend of the Bayou or Chicken and Dumplings, along with a southern vegetable, dessert and tea. While you're there, pick up some cheese straws or fresh baked cookies from the bakery.

L

Tummy Yummy Creations

405 Natchitoches Street, West Monroe • (318) 398-1954

This cute bakery, located in Antique Alley Shopping District, is known for its decorative sugar cookies. They have a large variety of cookies and specialty confection items. Also, you can stop in for lunch and enjoy a chicken salad sandwich, fruit and a cookie of your choice. Available for birthday parties, showers and team building fun, as well.

L

Vieux Carre Gourmet

1623 North 18th, Monroe • (318) 388-2228

Pronounced vo-ca-ray, this gourmet restaurant offers choices like Panini sandwiches, steaks or seafood dishes. Browse the take-home grocery or huge selection of wines. Cooking demonstrations can be scheduled for groups of 10 or more.

L, D

Familiar Favorites

Applebee's Neighborhood Grill & Bar

4911 Pecanland Mall Drive, Monroe

(318) 398-7319

www.applebees.com

Cafe' Espresso

3111 Cypress Avenue, West Monroe

(318) 325-5795

Captain D's

1806 Martin Luther King Jr. Drive, Monroe

(318) 322-0832

107 Thomas Road, West Monroe

(318) 387-8120

1800 N. 18th Street, Monroe

(318) 325-6391

www.captains.com

Catfish King Restaurant

305 Sterlington Road, Monroe

(318) 322-6115

Cheddars Casual Cafe

224 Blanchard Street, West Monroe

(318) 323-0033

www.cheddars.com

Chili's Grill & Bar

301 Constitution Drive, West Monroe

(318)323-7112

www.chilis.com

CiCi's Pizza

3426 Cypress Street, West Monroe

(318) 396-3441

www.cicispizza.com

Counter Culture of West Monroe

222 Bell Lane, West Monroe

(318) 387-8537

Cracker Barrel Old Country Store

309 Constitution Drive, West Monroe

(318) 325-5505

www.crackerbarrel.com

Domino's Pizza

1405 Sterlington, Monroe

(318) 387-9887

4920 Cypress Street, West Monroe

(318) 397-2800

El Chico's Restaurant & Bar
226 Blanchard Street, West Monroe
(318) 322-8500

Fox's Pizza
4015 Highway 165 North, Monroe
318-325-9253
1250 Highway 15, West Monroe
(318) 654-4752

Grandy's
2813 Louisville Avenue, Monroe
(318) 325-2078
105 Thomas Road, West Monroe
(318) 323-8391

Heavenly Ham
1611 N. 18th Street, Monroe
(318) 329-1111

Hooters
505 Constitution Drive, West Monroe
(318) 322-3224

Hunt Brother's Pizza
503 Thomas Road, West Monroe
(318) 325-3455

IHOP
202 Blanchard, West Monroe
(318) 362-0061
4205 Pecanland Mall Drive, Monroe
(318) 322-5424
www.ihop.com

Logan's Roadhouse
201 Constitution Drive, West Monroe
(318) 361-9961

Lone Star Steakhouse & Saloon
108 Basic Drive, West Monroe
(318) 388-1997

Longhorn Steakhouse
4461 Pecanland Mall Drive, Monroe
(318) 387-1221
www.longhornsteakhouse.com

Maggie Moo's
203 Blanchard St,, Suite C., West Monroe
(318) 651-7768
www.maggiemoos.com

McAlister's Deli
1202 Pecanland Road, Monroe
(318) 324-9219
198 Thomas Road, West Monroe
(318) 387-2345
www.mcalistersdeli.com

O'Charley's Bar & Grill
4101 Pecanland Mall Drive, Monroe
(318) 651-2034
www.ocharleys.com

Olive Garden Italian Restaurant
4781 Pecanland Mall Drive, Monroe
(318) 322-8450
www.olivegarden.com

Outback Steakhouse
305 Constitution Drive, West Monroe
(318) 387-6700
www.outbacksteakhouse.com

Papa John's Pizza
112 Blanchard Street, West Monroe
(318) 387-6612
2820 Louisville, Monroe
(318) 387-6161
www.papajohns.com

Piccadilly Cafeteria
2203 Louisville Avenue, Monroe
(318) 325-5414
www.picadilly.com

Pieworks
2252 Tower Drive, Monroe
(318) 387-1044
www.pieworks.com

Pizza Hut
1301 Lamy Lane, Monroe
(318) 325-1609
109 Constitution Drive, West Monroe
(318) 323-8359

Quizno's Oven Baked Subs
2352 Sterlington Road, Monroe
(318) 325-0077
1621 N. 18th Street, Monroe
(318) 807-7827
4624 Cypress Street, West Monroe
(318) 396-5555
www.quiznos.com

Raising Cane's
2761 Louisville Avenue, Monroe
(318) 410-1955
206 Thomas Road, West Monroe
(318) 322-3377

Red Lobster
4601 Pecanland Mall Drive, Monroe
(318) 361-0158
www.redlobster.com

Roly Poly
302 Bridge Street, West Monroe
(318) 398-0711
www.rolypoly.com

Smoothie King
2419 N. 7th St, West Monroe
(318) 396-2272

Starbucks
ULM Student Center, Monroe
(318) 342-7827
1810 Forsythe Avenue, Monroe
(318) 323-7578
www.starbucks.com

TCBY
1407 N. 18th Street, Monroe
(318) 388-5757
www.tcby.com

Waffle House
308 Thomas Road, West Monroe
(318) 325-3843
148 Well Road, West Monroe
(318) 397-2211
2903 Sterlington Road, Monroe
(318) 387-6266

Wingstop Restaurant Inc.
4920 Cypress Street, West Monroe
(318) 397-9464
2340 Sterlington Rd., Monroe
(318) 388-8824

Fast Food

Arbys
Blue Bunny
Burger King
Chick-Fil-A
Church's
KFC
McDonald's
Popeyes
Sonic Drive-In
Subway
Taco Bell
Wendy's

Pecanland Mall Food Court

Auntie Anne's Pretzels
Candy Craze
Cajun Bistro
Chick-Fil-A
Chinese Gourmet Express
Corn Dog 7
Dippin' Dots
Food & Food
Great American Cookies
Maggie Moo's
Raising Cane's
Sbarro Italian Eatery
Subway Sandwiches & Salads
Yummy Japan