

DHH NEWS



Alan Levine
Secretary

CONTACT

René Milligan
(225) 342-7913 or (225) 223-9961 (cell)
rene.milligan@la.gov

Ken Pastorick
(225) 342-1881
ken.pastorick@la.gov

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PSA **Fight the Flu Louisiana:** **Hygiene Habits to Help Fight** **Novel H1N1 Flu**

Script:

Health officials are concerned about H1N1 flu virus, or "swine flu," spreading from person-to-person.

To help fight this flu, cover your nose and mouth with a tissue when you cough or sneeze, then throw the tissue away.

Wash your hands often with soap and water, or use hand sanitizer, especially after coughing or sneezing.

If you're sick, stay home and limit contact with others to keep from infecting them.

To learn more, visit www.FightTheFluLA.com.

A message from the Louisiana Department of Health and Hospitals, and the Louisiana High School Athletic Association.

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