



2019-20 LHSAA SWIMMING *State Meet Bulletin*



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In non-school sports, nobody's cheering for you.
In high school sports, everybody is.



Nothing brings communities together like high school sports. Whether it's swimming in sold-out natatorium or making a splash at the state meet, nothing compares to the thrill of representing your high school colors.



This message presented by the Louisiana High School Athletic Association and the Louisiana High School Athletic Directors Association.



GENERAL MEET INFORMATION

The State Meet Bulletin is for your benefit. Please read and make sure all necessary parties receive the correct information concerning the event.

CATEGORY	DATE/INFORMATION
State Championship Dates/Site	Wednesday, November 20 – Saturday, November 23 SPAR Aquatic Center Sulphur, LA
Meet Director	Fallon Buckner Assistant Executive Director, LHSAA Email: fbuckner@lhsaa.org Phone: (225) 300-4204
Meet Coordinator	Janice Roth Email: jroth@uno.edu Phone: (504) 390-3119
Admission	Spectator admission to the state meet is \$10 per person, per day. <ul style="list-style-type: none"> • Pre-sale Digital Tickets Available via GoFan Digital Huddle Tickets. • Tickets sold onsite (CASH ONLY) <p>Coaches will be admitted free upon presenting their LHSCA Coaching Card at the coaches table near the main entrance. (<i>Valid identification required</i>).</p>
Coaches Packets & Team Pass Information	Coaches packets will be available for pick-up: <ul style="list-style-type: none"> • Wednesday, November 20, 2019 Divisions IV & III • Thursday, November 21, 2019 Divisions II & I (Packets can also be picked up on Friday, as listed on the meet schedule.) <p>Packets can be picked up in the SPAR Aquatic Center’s designated area. Each participant and alternate, as listed, on your entry form, will be given a pass to be used <i>on the day(s) your team competes</i>. ALL competitors will also receive a hand stamp each session. If the athlete leaves the building, they <u>MUST</u> have their pass on them, as this is the <u>ONLY</u> way to re-enter the meet. If a swimmer loses his/her, pass there is a \$5.00 replacement fee. The coach must sign in with Fallon Buckner, LHSAA Assistant Executive Director, prior to the swimming events on their day(s) of competition.</p>
All-Academic Composite Team	The presentation of the ISC All-Academic Composite Team will be presented before each preliminary on the bulkhead. <ul style="list-style-type: none"> • Division IV – Wednesday, November 20 at 9:15 AM • Division III – Wednesday, November 20 at 3:45 PM • Division II – Friday, November 22 at 9:15 AM • Division I – Friday, November 22 at 3:45 PM

MEET SCHEDULE

There will be a ten (10) minute break after the 50 Free Events, during prelims and finals.

PRELIMS - DIVISIONS IV & III		
<i>Wednesday, November 20th</i>		
	Division IV	Division III
Team Credential & Packet Pickup	7:30 AM	2:00 PM
Warm-Ups	8:00 AM	2:30 PM
All-Academic Composite Awards	9:15 AM	3:45 PM
Prelims	9:30 AM	4:00 PM
FINALS - DIVISIONS IV & III		
<i>Thursday, November 21st</i>		
	Division IV	Division III
Team Entry	7:30 AM	1:30 PM
Warm-Ups	8:00 AM	2:00 PM
Finals	9:00 AM	3:00 PM
PRELIMS - DIVISIONS II & I		
<i>Friday, November 22nd</i>		
	Division II	Division I
Team Credential & Packet Pickup	7:30 AM	2:00 PM
Warm-Ups	8:00 AM	2:30 PM
All-Academic Composite Awards	9:15 AM	3:45 PM
Prelims	9:30 AM	4:00 PM
FINALS - DIVISIONS II & I		
<i>Saturday, November 23rd</i>		
	Division II	Division I
Team Entry	7:30 AM	1:30 PM
Warm-Ups	8:00 AM	2:00 PM
Finals	9:00 AM	3:00 PM

STATE SWIMMING ENTRY RULES & REMINDERS

CATEGORY	DATE/INFORMATION
State Meet Registration Process	<p>All coaches are to enter swimmers into the State Meet using Hytek. If your school does not have the program, they can download Hytek Lite using the instructions posted on the LHSAA website on the swimming page under related forms & downloads.</p> <p>Coaches must email the “<i>Hytek ZIP File</i>” to BOTH John Roth at jerothjr@gmail.com and LHSAA Asst. Executive Director, Fallon Buckner at fbuckner@lhsaa.org by Tuesday, November 12, 2019. Please be sure to include the <u>swimmer’s name, grade, DOB, event and time</u> on the “<i>Hytek ZIP File</i>”.</p> <p><u>DOB will generate the age of each swimmer. At meet doesn't need to show in heat sheets, but can be used to construct USS number if need to.</u></p> <p>The subject of the email <u>MUST</u> read “School’s Full Name – School’s Swim Division.” Ex. “Dutchtown High School – Division I” The Hytek event file for each division can be found on the LHSAA website on the swimming page under “Hytek Files.”</p> <p>In addition to the official “<i>Hytek ZIP File</i>”, the school’s Principal, Athletic Director or Head Coach <u>MUST ALSO</u> complete a state meet financial form on the LHSAA member site. Detailed instructions for this process can be found on the swimming page under related forms & downloads</p> <p>Once this is complete, an invoice will be generated and emailed. Payment options are:</p> <ul style="list-style-type: none"> • Pay online via ACH payment • Mail in check <p>The state entry fee is \$15 per competitor and alternate listed. If sending payment by mail, it must be postmarked no later than Tuesday, November 6th. Make all checks payable to the LHSAA, and mail them to:</p> <p style="text-align: center;">Fallon Buckner 12720 Old Hammond Hwy. Baton Rouge, LA 70816</p>
Failure to Meet Deadline	<p><u>Entries sent in after the November 12th deadline will not be accepted. (See Handbook Rule 20.7.3)</u></p>
Entry Limitations	<p>Each team shall be permitted a maximum of four (4) entries in an individual event and one (1) team in a relay event.</p> <p>A competitor shall be permitted to enter a maximum of 4 events, no more than 2 of which shall be individual events. Being designated as a member of a relay team does not count as an entry unless the competitor actually competes in the event.</p>

	<p>A competitor officially becomes a participant in an individual event when the official Hytek entry form, properly completed, is submitted to the Meet Entry Chairman on or before November 12, 2019. All alternates for individual events must be listed for that event. All alternates must also list qualifying times for that event.</p> <p>In relay events, up to 8 individuals may be designated, and it shall not count as an entry unless the competitor actually competes in the <i>prelims or finals of the</i> relay event.</p>
Qualifying for Finals Round	<p>All contestants qualify for the finals according to time and place in their preliminary heat. The eight fastest times in each event will move to the finals. The next eight fastest times will move to the consolation finals. There will be two alternates for the consolation finals.</p> <ul style="list-style-type: none"> NOTE: All 500 yard freestyles will be timed finals. They will swim on Day 1 (Prelims Day), except for the fastest heat which will swim on Day 2 (Finals Day). Please report all scratches prior to race time to insure full heats. <p>Any individual swimmer, who does not achieve the qualifying time in the preliminaries, or the finals in an event, will not score points in that event in the state meet.</p>
Diving	There is no diving in the state meet.
Awards	There will be a first and second place trophy awarded to the top two (2) girls' teams and the top two (2) boys' teams. In each event, the top three (3) finishers will be awarded a first, second or third place medal.
Seating/Spectators	There will be no reserved seating in the pool area. Teams, as well spectators, will not be allowed to leave items (ex. banners) in a designated area in order to reserve seats. Spectators will be allowed to enter the SPAR facility one (1) hour prior to the start of each session.
ADA Overview and Requirements	<p>The Americans with Disabilities Act prohibits discrimination on the basis of disability.</p> <p>Procedure for Requesting Services - Requests for disability services information or requests for any services can be done so by contacting SPAR Aquatic Center at (337) 527-2500.</p>

2019-2020 NFHS SWIMMING & DIVING RULES

The 2019-20 National Federation of State High School Associations (NFHS) Swimming and Diving Rules will govern the conduct of the meet plus LHSAA Handbook rules pertaining to swimming and eligibility.

- It is **recommended** that all swimmers on the team wear suits of identical color and pattern. Decent appearance is required.
- Conduct of Coaches, Participants and Managers: Some areas will be restricted to coaches and swimmers. All participants and spectators must honor these areas. An outlined map, of these areas, will be provided.
- All competition will be held at the deep end of the pool.
- Relays must have each swimmers **name and grade in school** listed.
- SPECIAL RULES AT SPAR Aquatic Center: **SPAR Aquatic Center is a non-smoking facility.** No food, ice chests, or glass containers are allowed anywhere on the pool deck, including the bleacher area. No alcoholic beverages are allowed on this property. Please display team banners and posters by affixing to the walls behind the bleachers. ***DO NOT attach posters or banners with nails, tacks or other items that would cause permanent damage SPAR property.***
- PROHIBITED ITEMS: LHSAA BYLAW 6.23
 - ☒ Artificial noisemakers, including, but not limited to, such items as bells, horns, drums, jam boxes, amplifiers, and/or megaphones, shall be prohibited in any indoor facility while an interscholastic contest is being played. Artificial noisemakers do not include items providing warm up music under the team(s) supervision or instruments used by an organized stage or pep band if approved by the host principal. Authorized pep bands shall not be permitted to play at any time and in any manner while the ball is “alive.”
 - ☒ Laser beam light devices shall be prohibited at all LHSAA contests.
 - ☒ A coach, player, and/or bench personnel shall be prohibited from throwing/placing any foreign substances on the competitive surface and out-of-play areas (including locker rooms, hallways, press rooms, etc.) prior to, during, and/or after playing of any game. Substances to include but not limited to all liquids, powders, confetti, glitter, dirt, sand, grass, and streamers. Programs not adhering to the Prohibited Items Bylaw could be fined up to \$250.00 per incident.
- Protests: Any protest of an event must be presented in writing (within 30 minutes following the conclusion of the event), to a member of the meet committee. The meet committee will be composed of the following: meet referee, meet director, two meet officials, and the LHSAA representative, who will be determined during warm-ups by the meet referee.
- After a formal protest has been presented in writing (within 30 minutes following the conclusion of the event), the committee will meet and render a decision in writing to the coach of the school that has presented a protest. The committee's decision will be final. The only protest that will be honored will be those that are perceived to be a misapplication of a swim rule. All officials' decisions are final and not subject to protest.

MEDIA / SCHOOL YEARBOOK

(Please read the LHSAA Media Policy found on the LHSAA Website)

MEDIA

Request media credentials online by visiting the Media Credential link on the LHSAA website. Go to lhsaa.org -> affiliations -> media resources. For assistance, contact Kate Adams, LHSAA Director of Communication and Media Relations at kadams@lhsaa.org. All Credentials are due before the state championship begins.

SCHOOL YEARBOOK

The principal must complete the online form and request credentials. The principal must also submit a letter on school stationary authorizing the individual(s) to be credentialed. The purpose of the "School Yearbook/ Newspaper" credential is to permit a complimentary entrance into the event for which the person is gathering information. If the request is granted, one tournament pass will be issued for a yearbook and/or newspaper staff member with proper school identification

Photos taken during an event may not be sold or used in any capacity outside of the purpose(s) of their school's yearbook and/or newspaper. The LHSAA has an exclusive photography contract with RomaPics.

NOTE: Credentialed media will NOT be allowed on the bulkhead to take photographs. Only LHSAA Staff, RomaPics and SPAR personnel will be allowed in that area.

MOBILE TICKETS

GO FAN
DIGITAL HUDDLE TICKETS

MOBILE ONLY SOLUTION

- 1**
FANS PRESENT TICKETS AT GATE
- 2**
SELECT TICKETS OR PRESS "ENTER EVENT" TO REDEEM ALL
- 3**
PRESS "ENTER EVENT" TO VALIDATE
- 4**
FANS ENJOY GAME

FOR FAN AND SCHOOL SUPPORT | 678-679-7676 | SUPPORT@GOFAN.CO

ALLSTATE SUGAR BOWL/LHSAA STATE SWIM MEET PARTICIPATING HOTELS

HOTEL	RPN	RATE	CONTACT	PHONE
Quality Suites - Sulphur***	20	\$109.00	Midge Powers	337-626-7000
Best Western Plus - Lake Charles***	20	\$119.00	Midge Powers	337-477-5900
Comfort Inn - Lake Charles***	20	\$119.00	Midge Powers	337-478-4650
Best Western Plus Executive - Sulphur	10	\$129.00	Veda Abshire	337-625-9000
Fairfield Inn & Suites by Marriott-Sulphur	20	\$109.00	Tereza Avila	337-528-2629
Hampton Inn - Lake Charles	25	\$119 - \$124	Alecia Boutte	337-480-6443
Heritage Place - DeQuincy	20	N/A	Dana Pinder	337-786-2919
Holiday Inn & Suites - Lake Charles	20	N/A	Charlotte Davis	337-310-7700
Holiday Inn Express/Prien - Lake Charles	30	\$119 - \$129	Melissa VanSickels	337-564-6877
Holiday Inn - Sulphur (Lake Charles)	10	\$144.00	Veda Abshire	337-625-2500
Holiday Inn Express - Lake Charles	20	N/A	Charlotte Davis	337-491-6600
Home2 Suites - Lake Charles	15	\$119 - \$132	Tashawna Chretien	337-990-5330
LaQuinta Inn & Suites - Westlake	20	N/A	Keyur Patel	337-660-2525
LaQuinta Inn & Suites - Lake Charles	20	\$99 - \$109	Amanda Jemison	337-478-9889
Red Roof Inn & Suites - Lake Charles	20	\$79 - \$89	Victor Patel	337-990-0165
Residence Inn by Marriott - Lake Charles	15	\$134.00	Makana Aranda	337-474-1772
Richmond Suites - Lake Charles	30	N/A	Yolanda Boutte	337-433-5213
Springhill Suites - Lake Charles	30	\$134.00	Kimberly Theriot	337-474-1112
Staybridge Suites - Lake Charles	15	\$134.00	Ruth Wilburn	337-477-7474
Super 8/Prien - Lake Charles	15	\$89.00	Rinkesh Patel	337-477-1606
Tru by Hilton - Lake Charles	30	\$119.00	Dee Patel	337-564-6878
Wingate by Wyndham - Lake Charles	25	\$99.00	Nanette Dixon	337-502-5112

***Indicates Preferred Hotel

TOTAL ROOMS PER NIGHT (RPN)	450
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SWLA Convention & Visitors Bureau	Eric Zartler	1-800-456-7952
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CHAMPIONSHIP SOUVENIRS

CHAMPIONSHIP APPAREL



Remember this achievement. Visit the PepWear Store or shop.lhsaa.org to purchase Official Event Merchandise including shirts and hoodies with participants' names on the back, full color plaques, and more!

For assistance with orders contact (866) 775-3450 or customerservice@pepwear.com

CHAMPIONSHIP PHOTOGRAPHS



RomaPics is proud to be the official photographer of the Louisiana High School Athletic Association.

Please stop by our booth during all of the Allstate Sugar Bowl/LHSAA Championships to view and order photos. Team and individual, action, and all awards photos will be available for purchase and will be printed on site.

www.romapics.com

CHAMPIONSHIP RINGS



Congratulations champions! Celebrate your victory with your championship ring- the ultimate symbol of dedication, perseverance and teamwork. Herff Jones is proud to be the exclusive provider for LHSAA and LHSCA Championship Jewelry and is the recognized leader in celebrating student milestones.

Harris Beall, Clint Ivey, Donald Scamardo

Baton Rouge, LA // 225.927.1383 // gshhbrla@gradsupply.biz
Metairie, LA // 504.737.4439 // gradsupply@aol.com

CHAMPIONSHIP REPLICA TROPHIES



For more information regarding State Championship mini replica trophies and medals, contact Gold Star Trophies at (225) 928-4230.

www.goldstartrophies.com

LHSAA SPONSORS



THE LHSAA WOULD LIKE TO THANK THE FOLLOWING
2019 - 2020 PARTNERS FOR THEIR SUPPORT OF
HIGH SCHOOL ATHLETICS IN LOUISIANA

TEAM LHSAA



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