



2018 FOOTBALL

Season Overview Bulletin

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UNITY & LEADERSHIP

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2018 GENERAL INFORMATION

CATEGORY	DATE/INFORMATION
LHSAA Football Rules	Completely familiarize yourself with Article 14 of the 2018-19 LHSAA Handbook.
1 st Official Practice <i>without</i> Spring Practice	Monday, July 30, 2018
1 st Official Practice <i>with</i> Spring Practice	Monday, August 6, 2018
1 st Practice in Full Pads <i>without</i> Spring Practice	Thursday, August 2, 2018
1 st Practice in Full Pads <i>with</i> Spring Practice	Thursday, August 9, 2018
Interscholastic Scrimmage	Monday, August 13, 2018
Jamborees	<p>Thursday, August 23 – Saturday, August 25, 2018</p> <ol style="list-style-type: none"> 1. Jamborees must have a minimum of 3 teams and 2 games. 2. Host schools must submit approval form and payment by Thursday, August 9, 2018. 3. Fees are \$200 per varsity team and \$100 per sub-varsity team. 4. No other financial reports or additional payments are required by the LHSAA.
1 st Regular Season Contest Dates	Thursday, August 30, 2018
Reporting Weekly Game Results	The <u>home</u> school is required to enter the score of the contest online no later than 12:00 midnight on the date of the contest for all games. Schools failing to report the score shall be fined \$50 per occurrence.
Fall All-Academic Nomination Deadline	Monday, October 8, 2018
Deadline to Add Games to Schedule for Power Rating Purposes	Saturday, October 20, 2018 (<i>This is the 8th playing date. Schools shall notify Hope Walley and submit a copy of the contract.</i>)
End of Regular Season	Saturday, November 3, 2018 (<i>This is the 10th playing date.</i>)
Reporting 10 th Week Scores	<p><u>Home</u> teams that play on Thursday and/or Friday shall report their results online immediately following the conclusion of the contest by Midnight.</p> <p><u>Home</u> teams that play on Saturday shall report their score on the LHSAA Member Site immediately at the completion of the contest no later than 8:00 PM. (<i>Note: No Saturday game shall begin later than 5:00 PM</i>)</p>
District Chairperson Certification	The District Chairperson shall report the teams in his/her district that finished in 1 st place and tied for 1 st place in the district as soon as this is determined. The official reporting form is found in the football section on the LHSAA website.
Wild Card Program	See rules pertaining to this process in the bulletin.
Post Season Bowl Games	<ol style="list-style-type: none"> 1. Only schools failing to make the playoffs are eligible. 2. Schools are limited to one (1) bowl game. 3. Sponsoring school's principal shall make a written request for approval. 4. Schools shall sign a contract and abide by LHSAA rules. 5. The sponsoring school agrees to and shall submit to the LHSAA ten percent (10%) of the gross ticket receipts within thirty (30) days of the event.

CATEGORY	DATE/INFORMATION
<p style="text-align: center;"><u>PLAYOFFS:</u></p> <p>Bi-District (All Classes) Regional (All Divisions) Regional (All Classes) Quarterfinals (All Divisions) Quarterfinals (All Classes) Semifinals (All Divisions) Semifinals (All Classes) Bye Week (All Divisions) Finals (Divisions & Classes)</p>	<p>November 8-10, 2018 November 15-17, 2018 November 22-24, 2018 November 29-30, 2018 December 6-8, 2018</p>
<p style="text-align: center;"><u>STATE CHAMPIONSHIPS:</u></p> <p style="text-align: center;">Class 1A (Noon) Division IV (3:30 PM) Division III (7:00 PM)</p> <p style="text-align: center;">Class 2A (Noon) Division II (3:30 PM) Class 3A (7:00 PM)</p> <p style="text-align: center;">Division I (Noon) Class 4A (3:30 PM) Class 5A (7:00 PM)</p>	<p>Thursday, December 6, 2018</p> <p>Friday, December 7, 2018</p> <p>Saturday, December 8, 2018</p>
<p style="text-align: center;">Deadline to Declare Spring Practice or No Spring Practice</p>	<p>Wednesday, January 2, 2019</p>
<p style="text-align: center;">Winter Practice Session</p>	<p>Monday, January 7 – Saturday, February 2, 2019 <i>(Limited to 10 days with or without pads)</i></p>
<p style="text-align: center;">Spring Practice Session</p>	<p>Monday, April 22, 2019– End of School Year</p>
<p style="text-align: center;">Deadline to Submit 2018 Schedules Online</p>	<p>Monday, April 29, 2019</p>
<p style="text-align: center;">Summer Rules Begin</p>	<p>Sunday, May 12, 2019</p>

DISTRICT SCHEDULING MEETING

- The District Chairperson shall notify all district members at least ten (10) days in advance of the date, time and place of meeting.
- Member schools shall declare in writing, at the meeting, if they will play a varsity schedule and/or if they will play for district honors.
- The District Chairperson and the school's principal shall notify the LHSAA in writing of the school(s) that will not play for district honors and/or varsity schedules.
- The district principals shall approve the schedule.
- The chairperson shall take and keep the minutes of the meeting.

INSTRUCTIONS FOR REPORTING WEEKLY SCORES

Reminder - Game results must be entered by midnight on the date of the game. The **home** school will be fined if the results have not been entered.

1. Go to www.lhsaaonline.org and log in using your assigned username and password.
2. Once you are logged in:
 - A. Click the Power Rating tab
 - B. Click Football Power Rating
 - C. Once your schedule appears, select and edit the game
 - D. Enter your game score and results
3. After scores have been entered, make sure you click **SAVE**. The system will automatically generate an email and send it to the opponent team's coach for him to confirm the scores and results. These games will show highlighted in **yellow**, which means the opponent team's coach needs to confirm the scores and results.
4. When a request for confirmation email is received, use the following instructions:
 - A. Have the games confirmed by 4:00 PM the following day of the game being played.
 - B. If confirmation of a game is not completed by this time, the game will stand reported online.
 - C. Go to the LHSAA member site using your assigned username and password.
 - D. Games that need to be confirmed by this coach, will be highlighted in **blue**.
 - E. If scores are correct, click **CONFIRM AND SAVE**. If there is a discrepancy, click **DISPUTE** and enter the reason of the dispute and save. The system will automatically send an email to the LHSAA notifying them of the discrepancy. All disputed games will show highlighted in **red**.

WILD CARD - DETERMINING POWER RATING

(Section 14 of the 2018-19 LHSAA Handbook)

14.12.1 The power rating for each school shall be rounded to the nearest hundredth (two decimal points) and be determined as follows:

RESULT OF CONTEST		ADD OR SUBTRACT	ADD
Win (10 points)	Same Class	N/A	Opponent's Wins/ <u>Opponent's Games Played x 10</u>
	Higher Class	Add 2 points for each class up	Opponent's Wins/ <u>Opponent's Games Played x 10</u>
	Lower Class	N/A	Opponent's Wins/ <u>Opponent's Games Played x 10</u>
Loss (0 points)	Same Class	N/A	Opponent's Wins/ <u>Opponent's Games Played x 10</u>
	Higher Class	Add 2 points for each class up	Opponent's Wins/ <u>Opponent's Games Played x 10</u>
	Lower Class	N/A	Opponent's Wins/ <u>Opponent's Games Played x 10</u>
Double Forfeit		Add 1 point to team that defeated both teams forfeiting	Opponent's Wins/ <u>Opponent's Games Played x 10</u>
Tie (5 points)	Out of State	Add ½ point if opponents has a tie	Opponent's Wins/ <u>Opponent's Games Played x 10</u>

14.12.2 A team's power rating shall be the result of the contest plus any additional points for playing a larger classification plus opponent's wins divided by the opponent's games played multiplied by 10 to get the total power points of games which are divided by the number of total games played during the regular season rounded to the nearest hundredth (two decimal places). Refer to the example below.

14.12.3 When a team's opponent is an out-of-state team, the classification of the out-of-state team shall be determined by verifying the latest enrollment of the team through its state association and applying its enrollment to the enrollment numbers used in classifying LHSAA schools at the last classification meeting.

1. When a school plays an out-of-state school that has a game remaining on its schedule after the LHSAA's tenth playing date, that game shall not be used in determining the school's power rating.
2. When a school plays an out-of-state school that plays a pre-season regular football game in lieu of a jamboree contest, the result of this game shall not be used in calculating the school's power rating.
3. If an out-of-state opponent plays more than 10 regular season games by the time of the LHSAA's 10th playing date, only the results of the first 10 games it played shall be applied in the LHSAA's Wild-Card Program.

14.12.4 When a team's opponent is a junior varsity or "B" team, the result of that game shall not be used in determining the team's power rating or the strength factor

WILD CARD - DETERMINING POWER RATING

The following charts are examples for Class 4A & Division II schools:

OPPONENT	OUTCOME	CLASS	RECORD	POINTS
A	Canceled (0)	---	---	0+0+0=0.00
B	Lost (0)	3A (0)	6-3	0+0+((6/9* 10)=6.67
C	Won (10)	3A (0)	1-8	10+0+((1/9* 10)= 11.11
D	Lost (0)	4A (0)	6-3	0+0+((6/9* 10)= 6.67
E	Lost (0)	4A (0)	1-7	0+0+((1/8* 10)= 1.25
F	Lost (0)	4A (0)	3-6	0+0+((3/9* 10)=3.33
G	Lost (0)	4A (0)	9-1	0+0+((9/10* 10)= 9.00
H	Won (10)	4A (0)	4-5	10+0+((4/9* 10)= 14.44
I	Lost (0)	4A (0)	8-1	0+0+((8/9* 10)= 8.89
J	Lost (0)	4A (0)	7-2	0+0+((7/9* 10)= 7.78
Totals: Game Calculated = 9		34	45 Wins	69.14

WILD CARD - DETERMINING STRENGTH FACTOR

14.13

DETERMINING STRENGTH FACTOR - The opponent's strength factor shall be determined by adding the sum of the opponent's class to the sum of the opponent's wins and dividing the result by the total number of games played.

OPPONENT	OUTCOME	OPPONENT'S CLASS	OPPONENT'S RECORD
A	Canceled (0)	---	---
B	Lost (0)	3A (0)	6-3
C	Won (10)	3A (0)	1-8
D	Lost (0)	4A (0)	6-3
E	Lost (0)	4A (0)	1-7
F	Lost (0)	4A (0)	3-6
G	Lost (0)	4A (0)	9-1
H	Won (10)	4A (0)	4-5
I	Lost (0)	4A (0)	8-1
J	Lost (0)	4A (0)	7-2
Totals: Game Calculated = 9		34	45 Wins

$$\text{Strength Factor} = 34 + 45 \text{ divided by } 9 = 8.78$$

NEW RULE CHANGES

LHSAA HANDBOOK:

14.3.5 Schools with enrollment numbers that place them in Classes C, B or A will have the option of declaring to participate as a Class C or B school, depending on their enrollment numbers, or as a Class A non-football school. If the choice is to participate in Class A non-football, schools will be required to follow all rules pertaining to Class A. Class A non-football school will not be able to start basketball until the official start date for Class A.

14.12.2 A team's power rating shall be the result of the contest plus any additional points for playing a larger classification plus opponent's wins divided by the opponent's games played multiplied by 10 to get the total power points of games which is divided by the number of total games played during the regular season rounded to the nearest hundredth (two decimal places). Refer to the LHSAA website for an example of how the power rating is determined.

14.16.7 Teams Participating in the Superdome Classic shall be allowed to use any NFHS authenticated football.

NFHS RULES CHANGE:

1-5-4, 1-5-5, 3-5-10e (NEW) 3-6-2, 9-9: Improperly equipped player shall be replaced for at least one down.

Rationale: Prior to the game, the head coach is responsible for verifying that the players are legally equipped and will not use illegal equipment. The penalty for a player who is not properly equipped has changed from a distance penalty against the team to removal of that player for at least one down. The penalty provisions for any use of illegal equipment remain unchanged and result in an unsportsmanlike conduct foul charged to the head coach.

2-32-16a: Defenseless player provisions for passer clarified.

Rationale: The committee clarified that defenseless player provisions do not apply to a passer until a legal forward pass is thrown. The passer continues to be a defenseless player until the pass ends or the passer moves to participate in the play.

6-1-3b PENALTY, 6-1-4 PENALTY: Signal change for free kick infractions.

Rationale: The signal for free kick infractions, other than encroachment of the neutral zone, has been changed from signal 18 to signal 19.

6-1-9b (NEW), 6-1-9b PENALTY (NEW), 10-4-2 EXCEPTION (NEW), 10-5-1j (NEW): New penalty option adopted for fouls by kicking team.

Rationale: In an effort to reduce re-kicks, further minimize risk and ensure that appropriate penalties are in place for all fouls, the committee has added an option for fouls committed by the kicking team during free and scrimmage kicks. The change would allow the receiving team all of the previous options as well as accepting the distance penalty at the end of the down.

SIX-PLAYER FOOTBALL (RULE 3): Length of time between periods revised.

Rationale: The timing rule between periods and intermission for six-player football has been standardized to match the current NFHS 8-, 9- and 11-player football rules.

PRACTICE REGULATIONS

1. Shall not engage in more than three (3) hours of practice activities on those days which one (1) practice is conducted.
2. Shall not engage in more than five (5) hours of practice activities on those days during which more than one (1) practice is conducted.
3. The maximum length of any single practice session shall be three (3) hours.
4. A practice session is defined as any sport skill related activity, on court or on field, involving student-athletes by a member of the coaching staff.
5. On days when more than one (1) practice is conducted, there shall be, at a minimum, two (2) hours of rest/recovery time between the end of one practice and the beginning of the next practice. Rest/recovery time shall be defined as void of any team or individual activity including but not limited to weight training sessions, conditioning sessions, skull sessions, film sessions, or any other similar athletic session.
6. Schools shall not schedule multiple practices on consecutive days and student-athletes shall not participate in multiple practices on consecutive days.

RECOMMENDED REGULAR SEASON PRE-GAME & HALFTIME PROTOCOLS

The home team's principal or designee shall communicate with the visiting team principal or designee the procedures that will be used concerning pre-game team warm-ups and support group performances. When possible, the agreed upon procedures should be attached to the contract as an addendum.

Items to be agreed upon:

- Game time
- Expected time of arrival of visiting team and support groups
- Time teams may enter field for pre-game warm-ups
- Length of halftime
- Order of appearance by support groups

Things to be considered and the visiting team made aware of in advance:

- Will there be any special pre-game and/or halftime presentations?
- Is the game a homecoming event?
- Is the game a senior recognition night?

When special events are planned, as cited above, the home team should be afforded the opportunity to showcase their students by having preference as to when the event shall take place (pre-game or halftime). The visiting team should then be afforded the opportunity to showcase their students either in the pre-game, halftime or post-game when the special event is not taking place.

In no case should the visitors not be given the opportunity for their support groups to perform or their football team to not have enough time for warm-up time. In no case should the visitors try to be uncooperative and undermine the home team's special event. During regular season, homecoming and senior recognition nights shall take precedence but still allow the visitors an opportunity to perform.

It is recommended that the teams should be allowed up to 45 minutes for their pre-game routine and the visiting support groups be allowed up to seven (7) minutes performance in the pre-game, halftime or post-game.

Support groups shall at no time interfere with a team while on the field nor an opponent's support group while on the field.



BE COOPERATIVE.
BE REASONABLE.
BE UNDERSTANDING.

SPORTSMANSHIP GOES BEYOND THE TEAMS.



THE LHSAA WOULD LIKE TO THANK THE FOLLOWING
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